

## St Mary's School - PSHE Progression

Year Group	Autumn 1 <sup>st</sup>	Autumn 2 <sup>nd</sup>	Spring 1 <sup>st</sup>	Spring 2 <sup>nd</sup>	Summer 1 <sup>st</sup>	Summer 2 <sup>nd</sup>
Nursery	Settling in to Nursery What do I like/dislike Being Fair	My Family and friends Belonging to my school/parish family Father John	My feelings	Caring for others (Stranger Danger) Police	Healthy Eating Looking after things that grow Environmental Centre	Transition to Reception
Reception	All about me (bodies and feelings) Ten Ten Theatre – In the Clouds – Finding Happiness	People who help us Visiting Eltham Post Office Police	Other cultures and religions - Stories from around the world Road Safety Team visit	Taking care of others Superheroes (Stranger Danger)	Keeping safe in the environment	Taking care of living things The Farm
Year 1	School Rules All About Me (interests, talents) Ten Ten Theatre- In the Clouds – Finding happiness	Keeping safe at home, at school and on the roads. Road Safety team visit	Relationships – My Family and Friends Thinking of others. Being the same/different.	Keeping healthy (healthy eating, exercise, hygiene) Grace - the cook The Nurse	Looking after our environment – Home, school and local environment.	Accidents and emergencies/keeping safe on holiday First Aider visit
Year 2	Who I Am (I am special/unique/likes, dislikes, challenges) Ten Ten Theatre – In the Clouds – Finding happiness	Who I Am cont. (Being responsible, looking after money, things that are important, special places and memories) Police – Stranger Danger/Being Responsible	Feelings (How I feel, different emotions) Other people's feelings	Feelings cont. (conflict resolution, being kind) Friendship	Good relationships (different relationships, maintaining relationships)	Good Relationships cont. (understanding different cultures, other people's feelings, bullying) Mary Seacole
Year 3	Introducing themselves – Personal goals, talents, feeling positive about themselves. Ten Ten Theatre – The Gift	Awareness of other's experiences – respect.	Health and Safety – basic emergency procedures First Aider	Rules – Understanding of different rules for different places – school, church etc.	Identifying and respect for differences and similarities between people. Stone age Man	Social and moral dilemmas in everyday life, e.g. from family and friends, Making good choices

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Year 4	<p>Being Special – To recognise their worth as individuals, their achievements, seeing mistakes, making amends and setting personal goals</p> <p>Ten Ten Theatre – The Gift</p>	<p>Responsibilities – recognising different kinds of responsibilities and duties, range of jobs, developing skills to make their contribution in the future</p> <p>Trip to London on a train</p>	<p>Relationships with others – different types of relationships</p> <p>Developing effective relationships through work and play, e.g. taking part in activities with groups with particular needs (elderly, special needs, communicating by satellite, email, letters)</p>	<p>Helping each other – How we can help the wider community and the environment – research and discuss topical issues and problems.</p> <p>Mexico – Contrasting locations and lifestyle</p>	<p>To recognise differences and treating others with respect and understanding – how to respond to racism, bullying, teasing and aggressive behaviour</p> <p>Basic techniques for resisting pressure to do wrong, how to ask for help</p>	<p>Think of the lives of people living in other places and times, and people with different values and customs.</p> <p>Gurudwara- Gravesend</p> <p>Appreciate the range of national, regional, religious and ethnic identities in the United Kingdom</p>
Year 5	<p>Responsibility, diversity in our society and how we live together</p> <p>Ten Ten Theatre – Healthy Hearts</p>	<p>Consequences of anti-social and aggressive behaviour</p> <p>To recognise and challenge stereotypes</p>	<p>Consider social and moral dilemmas – encouraging respect between races and dealing with harassment</p> <p>To care about each other's feelings and to try to see things from their perspective</p>	<p>Looking at own and others' lives and how we can make a difference – participating in school's decision making process, what is democracy, basic local and national institutions.</p>	<p>Health and how we are changing – healthy lifestyle, mental health, making informed choices about issues affecting their well-being, e.g. smoking</p>	<p>Money Issues</p> <p>To look after their money, how to spend it, contribution to charities, future wants and needs may be met by saving</p> <p>Visitor from the Bank</p>
Year 6	<p>Relationships/Identity – Link to the Kingdom of God and RE Scheme</p> <p>Houses of Parliament</p> <p>Ten Ten Theatre – Healthy Hearts</p> <p>Rules – School Motto</p> <p>E-Safety</p>	<p>How to express themselves in different/difficult situations</p> <p>War Veterans – Visit to Alms-houses</p>	<p>Bullying</p> <p>Safety issues</p> <p>Residential Visit to Wrotham</p>	<p>Money Issues</p> <p>Recognise the role of voluntary and community groups – Fund Raising for charity</p>	<p>Safety issues – Drugs, their effects and risks</p> <p>Dealing with different emotions – recognising how people's emotions change at the time of puberty and how to deal with the changing feelings</p>	<p>Puberty – School Nurse</p> <p>How to prepare for change – Transferring to secondary school</p> <p>Taking responsibility, e.g. identifying safe and sustainable means of travel to school</p> <p>London Transport</p>