Autumn/Winter Menu Week 2

26th Oct, 16th Nov, 7th Dec, 11th Jan, 1st & 22nd Feb, 15th March

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option	**All Day Breakfast:** Chicken Sausage, Herby Potatoes with Broccoli, Sweetcorn & Baked Beans	BBQ Chicken Pieces and Pasta in a Tomato and Herb Sauce with Garden Peas & Carrots	Roast Chicken, Stuffing, Roast Potatoes, Seasonal Greens, Broccoli, Carrots, Cauliflower and Gravy	**Wholemeal Pizza**: Margherita Pizza with Home-baked Potato Wedges/Half a Jacket Potato, Broccoli & Sweetcorn	Fish Fingers, Chips with Peas & Baked Beans
Vegetarian Meal Option	**All Day Breakfast:** Vegan Quorn Sausage, Herby Potatoes, with Broccoli, Sweetcorn & Baked Beans	Vegetable Meatball Masala on Yellow Mixed Rice with Garden Peas & Carrots VG	Sweet Potato and Lentil Roast, Gravy, Stuffing & Roast Potatoes with Seasonal Greens & Mixed Vegetables VG	Vegetable Biryani with Wholegrain Rice, Broccoli & Sweetcorn VG	Wholegrain Mexican Bean Wrap with Chips, Baked Beans & Garden Peas
Pasta	Pasta with Cheese or Tomato & Basil Sauce VG				
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans or Cheese or Beans	Jacket Potato with Cheesy Beans or Cheese or Beans	Jacket Potato with Cheesy Beans or Cheese or Beans	Jacket Potato with Cheesy Beans or Cheese or Beans	Jacket Potato with Cheesy Beans or Cheese or Beans
Dessert	Shortbread Biscuit & Fresh Fruit Slices VG	Chocolatey Orange Fudge Cake	Orange / Strawberry Jelly with Fresh Fruit Slices VG	Lemon Drizzle Cake & Custard	Chocolatey Oaty Slice VG

Portion(s) of fruit or veg | Source of wholegrain | Contains plant-based proteins | 50% fruit | Oily fish | Vegan | VG

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.